 **Tips for Supporting Advocacy:**

**Supporting Self-Advocacy is:**

* A commitment
* More than providing transportation
* A tool of self-advocacy
* Listening
* Knowing the people being supported
* Providing feedback when asked
* Knowing when to get out of the way
* Respecting choices
* Increasing opportunities
* An honor
* Being trusted
* Recognizing it can be tricky

**Supporting Self-Advocacy is not:**

* Being in charge
* Telling people what to do
* Just showing up
* Being an expert
* Protecting people
* Easy